## WHAT IS CLAIMED IS:

1. A system for mounting a device from the underside of a body having a planar surface, comprising:

a mounting bracket coupled to the planar surface of the underside of a body; a tilt block rotatably coupled to the mounting bracket, the tilt block rotatable about an axis substantially perpendicular to the planar surface;

a mounting arm rotatably coupled the tilt block, the mounting arm rotatable about an axis substantially parallel to the planar surface; and

an adapter movably and operatively connected to the mounting arm, the adapter configured to accept a display device for mounting thereon.

- 2. The system of claim 1, wherein the adapter is slidably connected to the mounting arm, whereby the adapter is configured to slide towards and away from the tilt block.
- 3. The system of claim 1, wherein the mounting bracket includes: a lateral surface extending substantially parallel to the planar surface; and a region between the lateral surface and a planar surface for accepting a power source for the device.
- 4. The system of claim 3, further comprising a mounting bracket plate connected to mounting bracket, the mounting bracket plate positioned between the planar surface and the region.
- 5. The system of claim 1, further comprising a cover piece coupled to the mounting arm, the cover piece and mounting bracket arranged to allow the passage of a cord therethrough.
- 6. The system of claim 1, further comprising a plurality of bearings for aiding the rotation of the tilt block relative the mounting bracket.

- 7. The system of claim 6, wherein the plurality of bearings comprise first and second needle bearings, the first and second needle bearings positioned on opposite sides of the mounting bracket.
- 8. A system for mounting a device from the underside of a body having a planar surface, comprising:

a mounting bracket coupled to the planar surface of the underside of a body; a tilt block rotatably coupled to the mounting bracket, the tilt block rotatable about an axis substantially perpendicular to the planar surface;

a mounting arm rotatably coupled the tilt block, the mounting arm rotatable about an axis substantially parallel to the planar surface;

an adapter movably and operatively connected to the mounting arm, the adapter configured to accept a display device for mounting thereon; and means for sliding the adapter along the mounting arm.

- 9. The system of claim 8, wherein the sliding means comprises: at least one elongate track positioned on the mounting arm; and at least one adapter arm positioned on the adapter for accepting the at least one elongate track, wherein the at least one adapter arm is slidable along the at least one elongate track.
- 10. The system of claim 9, wherein the at least one elongate track comprises two substantially parallel elongate tracks extending along substantially the entire length of the mounting arm, and wherein the at least one adapter arm comprises two substantially parallel adapter arms.

- 11. The system of claim 10, further comprising a cover piece coupled to the mounting arm, the cover piece and mounting bracket arranged to allow the passage of a cord therethrough.
- 12. The system of claim 8, further comprising a plurality of bearings for aiding the rotation of the tilt block relative the mounting bracket.
- 13. The system of claim 12, wherein the plurality of bearings comprise first and second needle bearings, the first and second needle bearings positioned on opposite sides of the mounting bracket.
- 14. The system of claim 8, wherein the mounting bracket includes:
  a lateral surface extending substantially parallel to the planar surface; and
  a region between the lateral surface and a planar surface for accepting a power
  source for the device.
- 15. The system of claim 14, further comprising a mounting bracket plate connected to mounting bracket, the mounting bracket plate positioned between the planar surface and the region.
- 16. A system for mounting a display device from the underside of a body having a planar surface, comprising:

a mounting bracket coupled to the planar surface of the underside of a body, the mounting bracket including a region therein;

a tilt block rotatably coupled to the mounting bracket, the tilt block rotatable about an axis substantially perpendicular to the planar surface;

a mounting arm rotatably coupled the tilt block, the mounting arm rotatable about an axis substantially parallel to the planar surface;

a cover piece coupled to the mounting arm, the cover piece and mounting bracket arranged to allow the passage of a cord therethrough; and

an adapter movably and operatively connected to the mounting arm, the adapter configured to accept the display device for mounting thereon.

- 17. The system of claim 16, further comprising:
- a first bearing system positioned between the mounting bracket and the tilt block; and

a second bearing system positioned between the mounting bracket and the planar surface, wherein the first bearing system and the second bearing system cooperate to permit the tilt block to rotate about the axis substantially perpendicular to the planar surface.

- 18. The system of claim 16, further comprising a mounting bracket plate removably connected to mounting bracket, the mounting bracket plate positioned between the planar surface and the region.
- 19. The system of claim 18, further comprising:

  at least one elongate track positioned on the mounting arm; and
  at least one adapter arm positioned on the adapter for accepting the at least one
  elongate track, wherein the at least one adapter arm is slidable along the at least one
  elongate track.
- 20. The system of claim 16, wherein the at least one elongate track comprises two substantially parallel elongate tracks extending along substantially the entire length of the mounting arm, and wherein the at least one adapter arm comprises two substantially parallel adapter arms.